



Oughtibridge Primary School



**Newsletter for Week Commencing
Monday 13th January 2025**



Classes with the best attendance last week are Y1LC - 99.6%
Y4BB-98.7%



Foundation Stage

FS2 will begin weekly 'cricket and fundamentals' sessions with Sharon Butcher (Yorkshire Cricket Board) on Monday 13th January and continue each week in Spring 1.

Year 4

Places have now been confirmed for Y4 Hotshots Basketball. For those attending, please make your way straight to Bradfield School at hometime, to ensure a prompt start to the event.

Year 5

Please can all parents/carers complete the medical form for the Mount Cook residential by Monday 13th January. The link was shared via Parentmail.

We will be taking part in a Link School project with Bank End Primary Academy this term. We will be visiting their school on 27th or 28th January. Details to follow.

Year 6

Letters have been sent with regards to Y6 Hotshots Basketball and Y6 Indoor Bouldering. Both events are expected to be oversubscribed so please ensure reply slips are returned before the deadlines stated on the letters.

Y4/5/6

The Musical Showcase has been launched for 2025. As usual spaces are limited so there will be auditions. Auditions will be in two weeks time on Thursday 23rd January. Children can audition for several different instruments if they wish.

Whole School

Please could any SEND and Mental Health resources such as books be returned to school if they have been borrowed. Thank you.

The next Cross Country Fixture is Saturday 18th January at Brunswick School. Due to the distance from Oughtibridge, staff will not travel unless we are aware of children attending the event. Please let Mr Butler know if you are coming to this fixture. This can be in person, or via your child's class teacher on Dojo.

Young Voices

Our School had an amazing time at the Young Voices Concert. The Children's singing and dancing was brilliant. We cannot wait till next year.

Our next discounted game for the Sheffield Steelers is on Sunday 2nd February. Please see Parentmail for details, and email Enquiries by 29th January to reserve your tickets.

Please see details of a Holiday Camp at Bradfield Dungworth Primary School which will be running at February Half term

<https://www.laurasyogaclub.co.uk/bradfield>

A huge big thank you to Mr Sampson and Mr Binns for clearing our pathways and enabling us to get to School safely.

Mental Health and Wellbeing Assemblies

Y4, Y5 and Y6 have begun fortnightly mental health resilience assemblies with Mrs Holmes. Each session will cover different aspects of looking after your mental health and some tips and advice of strategies to help.

Today's assembly was focused on **sleep**.

Here are some of the key points that was discussed.

- Sleep is needed for your body to function
- Sleep has an impact on your mental health and physical health
- Sleep helps your body to
 1. Repair
 2. Remember things
 3. Be present in the here and now
 4. Learn

Here are some tips to encourage healthy sleep.

- **Environment**

Dark room and a warm temperature.

- **Practice**

Yoga, Exercises, Mindfulness or Reading can all be supportive of preparing the body for sleep.

- **Technology**

Screen time can significantly impact sleep. Avoiding screen time before bed (1-2 hours), will significantly support healthy sleep.

- **Wake up routine**

How long it takes you to prepare in the morning, will impact how you need to go to bed! Considering how long it takes in the morning and factor that into your sleep routine.

Age range for healthy sleep

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- 3 - 5 years old: 10 - 13 hours
- **6 - 13 years old: 9 - 11 hours**
- 14 - 17 years old: 7 - 9 hours
- 18 - 25 years old: 7 - 9 hours

Reflections

- All living things need sleep
- Sleep prepares you for the next day

Is there anything your family could change to make your sleep healthier?



Extra Curricular Information



Monday - Girls Cricket Y5/6
 Monday - Ninja Warrior Y1/2
 Tuesday - Hockey Y3/4/5/6
 Tuesday - Art Y1/2
 Tuesday - Gymnastics Y4/6
 Wednesday - Y1/2 Street Dance
 Wednesday - Y2/3 Football
 Thursday - Soft Archery Y3/4/5/6
 W/C 24/2/2024
 Thursday - Soft Archery Y1/2
 Friday - Y3/4 Basketball
 Friday - Y1/2 Multisports
 Friday - Y3/4/5/6 Art Club



Letters Sent Home This Week

ParentMail has been active this week so please check your emails before requesting copies of any letters sent home. Copy letters are also available on our website

We would also ask you to ensure your mobile is switched on at all times to receive any emergency texts if you have registered for this service.

Subject

Sheffield Steelers Tickets	Whole School
Halle Youth Orchestra	Y3
Dress Up Day	FS2
Nature Walk	FS2
Castleton Final costings	Y4
School Holiday 2025-2026	All
Spring Curriculum Bulletin	Y2/3/6



Upcoming Dates

13th Jan - Y4 Hotshots Basketball
 20th Jan - Y6 Hotshots Basketball
 23rd Jan - Y6 Indoor Bouldering
 27th / 28th Jan- Y5 to Bank End
 2nd Feb - Steelers vs Devils (discounted tickets)

Contact Us



For more information, [visit our website](#).

We are also on [Facebook](#) and [Instagram](#).

Call us on 0114 2863167.



Lunch



Hot school lunches are free for all children in FS2 and KS1. School meals cost £2.75 per day (£13.75 per week) for children in KS2. Payment must be made online by Parentmail. Children will order their lunch at registration time. Any child arriving after 9:30am, who hasn't pre-ordered a meal, will need to be provided with a packed lunch from home.

Week 1	Monday	Tuesday	Wednesday	Thursday Census Day	Friday
Red	Cheese & Tomato Pizza with Tomato Pasta Salad	Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Stuffing & Roast Potatoes	Sausage and Chips	MSC Fish Fingers & Chips
Green	Tomato, Baked Bean & Spiral Pasta Bake	Vegetable Korma Hand Pies with Sunny Vegetable Rice	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Vegetarian Sausage and Chips	Crispy Vegetable Fingers & Chips
Sandwich	Freshly made Sandwich with Cheese	Freshly made Sandwich with Tuna Mayo	Hot Roast Baguette	Freshly made Sandwich with Ham	Fish Finger Wrap
Jacket potato	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise, Salmon Mayonnaise or Cheese or Beans
Vegetables	Broccoli/ Cauliflower & Carrots, Sweetcorn	Red Tractor British Peas, Baked Beans	Broccoli/ Cauliflower & Carrots	Beans and Sweetcorn	Baked Beans British Red Tractor Garden Peas
Dessert	Chocolate Mousse and Orange Smiles	Homemade Jam Buns & Custard	Chocolate Brownie	Fruity Strawberry Jelly & Mandarin Segments	Vanilla & Cherry Cookie Cup & Custard

SCHOOL

TICKET OFFER

B. BRAUN SHEFFIELD SHARKS
v MANCHESTER BASKETBALL

WED 12th FEB - 7:30PM

@ CANON MEDICAL ARENA

£5

