



# Oughtibridge Primary School

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## Uniform guidance

### The Benefits of Having a School Uniform

#### Saves Time

By wearing uniforms, pupils no longer have to waste time planning their outfits to wear to school. Wearing a school uniform means that pupils are focused on their education and not on their attire. Research has shown that when all pupils are wearing the same outfit, classrooms are more disciplined, with lower noise levels and significantly better 'listening' from pupils.

#### Reduces Peer Pressure

Wearing a standard uniform saves money - there's no need to buy extra 'fashionable' clothes to impress other people at school. Pupils who wear a school uniform do not have to feel insecure about their appearance and social status. Because all pupils are wearing the same clothes, there's no judgment.

School uniforms create a level playing field, which reduces peer pressure and helps to prevent bullying. A school uniform can prevent bullying based on appearance or economic background and encourage positive feelings of being socially accepted.

#### Encourages School Spirit

School uniforms are also thought to improve school spirit. In wearing one, pupils can feel greater levels of school pride, unity, and community spirit. Whenever your child puts on their school uniform, they are representing their school, along with their peers.

### Uniform Guidance

Please ensure all items are labelled with your child's name:

- Sweatshirts or cardigans should be navy blue.
- Trousers should be full length, in navy blue, plain black or dark grey.
- Shorts should be smart shorts in navy blue, plain black or dark grey
- Polo shirts should be white or navy blue.
- Skirts/pinafores should be navy blue, plain black or dark grey of a suitable length.
- Gingham dresses should be blue and only worn in the summer months.
- Footwear should be **black shoes or totally black trainers**.

### P.E. Kit

The PE kit can be comprised of the following items:

- T-shirts should be plain white or navy blue with no logos.
- Shorts should be plain navy blue or black.
- Footwear should be trainers or plimsolls. **From September 2024, these trainers should be black.**
- A track suit or school sweatshirt can be used in colder weather.

### Jewellery and Hair Accessories

**For safety reasons children should not wear any jewellery (this includes necklaces.)** The only exceptions are stud earrings and essential religious items. Please do not send your child to school with fancy bows, headbands and clips. Jewellery, including earrings, should not be worn during PE lessons. If you wish to have your child's ears pierced, please do this during the summer holidays.

If your child has a diagnosed sensory or special educational need, we understand that special adaptations may need to be made. Please see a member of SLT to discuss further if this has not already been arranged.