

PE and Sport at Oughtibridge Primary School.

Our PE curriculum.

At Oughtibridge Primary School we recognise that PE is a crucial part of a child's primary education, which helps them to lead a full healthy and active life. Through a variety of fun and enjoyable activities, we aim to enable pupils to realise their full potential, develop skills, improve body awareness, appreciate creative performance and promote an enthusiasm for lifelong activity and fitness.

We have two halls within which we can teach PE. We also have plenty of outside space, there are two yards for Key Stage 2, one yard for KS1, one yard for FS2 and a large field which can be used weather permitting! In both key stages there is a long term plan ensuring a broad coverage of all aspects of PE. Pupils are entitled to 2 hours of PE per week and this is timetabled to develop the areas of activity set out in the National Curriculum. This includes games, gymnastics, dance, athletics and outdoor and adventurous activities and swimming.

The children at Oughtibridge Primary School also benefit from having several opportunities to work with fully qualified specialist instructors/coaches. These sessions further enhance the learning and development in the core areas of the PE curriculum (eg gymnastics, dance and games) but also offer an opportunity to develop more specific skills with specialist coaches (eg RuggerEds and NetballEds).



Sport Premium - Primary School Sports Funding.

Sports Premium Funding 2015-2016

'Sports Premium' is a funding package that is provided by the government. They are providing schools with additional money to support the delivery of PE and sports in school. The funding equates to £8000 plus £5 per pupil which in our case means an additional £9500 to spend on resources, CPD, specialist sports coaches and PE activities.

Spending for 2015-2016 has included

- To pay for the professional development of the whole staff in the use of real PE.
- To pay for the PE subject leader to further support staff and develop the use real PE in school.
- To buy into the 'LINKs School Partnership' in order to facilitate competitive sports.
- To supplement the cost of transport to sports competitions.
- To purchase PE equipment.
- To provide the opportunity for children to learn to swim 25m (a statutory requirement).

Real PE

real PE



**accelerating learning by
developing the whole child**

We are excited to have introduced real PE which is enabling us to further enhance the quality of PE provision at Oughtibridge School, as well as develop the whole child. All staff have been involved in real PE training and we are beginning to embed this into our long term planning for PE. We are already seeing the knock on benefits of this in other areas of the curriculum. In the words of the Create Development team who are the driving force of real PE "we are the market leaders in the Fundamental Movement Skills, Multi-skills and Multi abilities...our programmes are designed to include, challenge and support all children and to measure and evidence the impact we make."



'Popping Pirates'

Funs 1- Static One Leg Balance

LINKs - School Sports Partnership.

Oughtibridge Primary School is part of the LINKs School Sports Partnership. This is an organisation that is made up of families of schools based around the local secondary school. All schools across Sheffield have the opportunity to join. LINKs offer support and help to develop high quality PE and a variety of sports within our school. Our partnership with LINKs is assisted by the School Sports Co-ordinator, Faye Ruddlestone, who comes into school to train our Sports Crew, provide CPD for teachers in PE lessons and offers lunchtime and after school clubs for our children. Faye also coordinates all the Festivals and Schools Sports Games opportunities that our children have the opportunity to attend within our cluster of local schools (see sports festivals and events section). This gives our children the experience of meeting and competing against other children in our local area and visiting local schools and sporting venues. It also provides us with useful transitional links with our local secondary school at Bradfield. The children who attend these always thoroughly enjoy themselves and we are proud to celebrate their successes. More information about the LINKs School Sports Partnership can be found on their website by visiting www.links-ssp.com



Sainsbury's School Games.



Through our connections with LINKs we have completed the required criteria and have subsequently been awarded the Sainsbury's School Games Bronze Sports Mark. The Sainsbury's School Games Mark is a Government led awards scheme which reward schools for their commitment to the development of competition across their school. OfSTED use the Mark award as part of their inspection framework. It provides a unique opportunity to motivate and inspire millions of young people across the country to take part in more competitive school sport. The Sainsbury's School Games are made up of four levels of activity: competition in schools, between schools, at a county/area level and at national level. We are very proud of this achievement and hope to add the Silver Sports Mark in the near future. Our sports crew have been encouraged to blog about our sporting activities and achievements both in school, at Festivals and at School Sports Games competitions as another way to celebrate our achievements. As a result of this we have received prizes for the school including trophies, medals, wrist bands, bunting and banners.

Sports Festivals and Events.

Through our partnership with LINKs every year our children are given the opportunity to attend several different sporting events and festivals. We have attended the following festivals and competitions achieving success in several of them and even getting through to some City Finals, resulting in our children being very proud of themselves and their achievements.

- Y1 Multi skills Festivals - Bradfield
- Y2 Multi skills Festivals - Bradfield
- Y3 Benchball Festival - Bradfield
- Y3/4 Hot Shots - Bradfield
- Y5/6 Hot Shots - Bradfield
- Y5/6 Basketball City Finals - Goals, All Saints
- Movesfest - EIS
- 'Move it' Dance Festival - Bradfield
- Y5/6 Sports Hall Athletics - Bradfield
- KS1 Sports Hall Athletics - Bradfield
- FS2 Inddor Athletics - Bradfield
- FS2 Balance Bikes - OPS
- KS1 Gymnastics - Bradfield
- KS2 Gymnastics Key Steps Comp - Notre Dame
- Y6 Indoor Rowing - Links HQ
- Y6 Bouldering Competition - The Works, Sheffield
- Y5/6 Athletics Competition - Woodbourne Road Stadium
- Y4 and Y5 Drax Cricket Competitions - Oughtibridge Cricket Club



Sports Clubs and Extra Curricular Activities.

At Oughtibridge Primary School we offer a wide range of breakfast, lunchtime and extra-curricular clubs and activities open to both key stages, enabling our children to increase the range of sports that they can participate in as well as develop their fitness levels. All the clubs offered are well received and the numbers of children wishing to attend are high. Feedback from the children highlights their enthusiasm and enjoyment of the clubs attended as well as promoting their health and fitness. The children who attend these clubs can earn points towards Sheffield Children's University programme and may also compete against other schools in friendly leagues and tournaments.

Some of the clubs are run by school staff and some are run by outside agencies. Currently they include football, netball, basketball, gymnastics, athletics, dance, RuggerEds and , most recently, NetballEds. Here FS2 and KS1 children can develop netball skills alongside the core values of Good Manners, Respect, Teamwork, and Fairplay. RuggerEds and NetballEds continue to provide taster sessions for children across the school and following the demand, there are currently two weekly afterschool clubs for RuggerEds, one for FS2/KS1 and one for KS2 and a Lunchtime club for NetballEds for FS2/KS1 children.



Education through Rugby



NetballEds Lunchtime Club

Sports Crew.

We also look to give some of our older children the opportunity to develop their leadership skills. We have a team of sports leaders, who receive training from our LINKs co-ordinator Faye Ruddleston. Their role is to lead and manage small team games and activities in both the KS1 and KS2 school playgrounds during lunchtime. Some of them are also trained up as our 'Bloggers' and regularly update our page on the Sainsbury's School Games website. As good role models the Sports Leaders encourage others to develop new and different skills as well as promoting enjoyment and developing levels of fitness. Some of them have also been given the opportunity to attend some first aid training as part of their leadership role. They also help to support Faye and myself at the festivals at Bradfield Secondary School.



Our Sports Leaders also enjoy supporting our younger children when it is Sports Day. They are responsible for looking after their group of children, leading them to their events and encouraging them to be 'a great sport'. They also organise, run and score the events, supporting the teaching staff on the day as well. It is also lovely to welcome back some of our former pupils from Bradfield School who were sports leaders with us at primary school. They come back to assist us with the KS2 Sports Day, showcasing how their sporting skills have developed.

Use of ICT in PE.

Using ICT in PE lessons is now successfully embedded, indeed it is being used more than anticipated. This has proved to be an exciting and highly motivating initiative allowing children to self and peer assess effectively. Using i-pads has also increased the motivation and enjoyment for many children.

- Children have continued to use i-pads to take photographs of particular skills e.g. discus throwing or a specific gymnastic movement. They have then broken down the skills and prepared a photographic instruction of how to complete the task correctly using apps like 'Pic Collage'.
- Filming of gymnastics or dance routines have been used to show the children what they look like and to aid discussions of how to improve. They have also been used as a teaching aid, e.g. when learning the whole school dance routines.
- The large screens, in both the Coumes and the Don halls, are used regularly in PE sessions. Screen show presentations featuring photographs of the children in action as well as suggested activities are used as a way of warming up. They can also be used to show children photographs or videos of sport in action or good techniques to apply during the lesson as well as clips and slides of sports men and women. i-moves is used and is easily accessible to all and a larger range of music is available through the internet.
- I-pads have also continued to be used in Orienteering lessons. QR codes are hidden and children use a QR reader on their I-pads to complete a course. This skill is not only used in PE lessons but has now transferred into other lessons across the curriculum.

i-moves continues to be used across all year groups. This comprehensive dance scheme enhances the teaching of dance by broadening the range of topics covered, giving teachers and children the confidence to be creative and has so far proved to be lots of fun! The scheme is well received by both staff and children who love the teaching videos that we can follow as part of a session, the fantastic music which we can download and the fact that because i-moves is an online resource, it is constantly updated and added to throughout the year.



Cycling and Bike It Breakfasts.

We endorse a healthy life style and encourage our children to walk, scoot or cycle to school if they can. We have both a bike shelter and a scooter park where bikes and scooters can be safely stored during the school day. Some KS1 children and their parents attended a biking workshop to get their children riding without the use of stabilisers and our Y6 children can take their Bikeability Cycle Proficiency. This gives them the skills to ride their bikes safely and confidently within the school grounds, before then venturing out onto the local roads and mastering dealing with traffic and coping with 'real life' situations.

As part of our commitment to being a healthy school we hold 'Bike It' Breakfasts and Dr Bike attends to check that all bikes are working correctly. These have been very well attended and enjoyed by our children who cycle to school with their parents and then enjoy a healthy breakfast chatting to other bike enthusiasts before the start of the school day. The Big Pedal is a national competition which also aims to increase the number of children who cycle, scoot and walk to school safely and therefore reduce the number of cars around school making it safer, quieter and less congested. Following this two week event, in May 2016, we were very proud to come in 1st place in Sheffield, 2nd place in the whole of the Yorkshire and Humber region and 71st place nationally showing the commitment that our children, parents and staff have to being a healthy school. (For more information on this see the 'Healthy Schools' section of the website).



Sports Day.

We hold an annual Sports Day for both key stages during the summer term. These include and value all children and their achievements. They have a thoroughly enjoyable session, from showcasing their choreographed warm up dance routine to competing in a variety of sporting games and challenges and running a marathon! The children strive to improve their own personal achievements and also gain points for their team. We encourage parents to come along and show their support as well as enjoy the fun.



Javelin



High Jump



Tag Challenge



Standing Long Jump



FS2 Marathon



KS2 Marathon Medal Winners

Whole School Dance Routines.

At Oughtibridge Primary School we like to challenge our children both mentally and physically and our whole school dance routines are an enjoyable way to do this. Our first routine was during a Fit for Life week back in the autumn term of 2012. The whole school learnt a choreographed dance routine which they practised every lunch time to raise levels of fitness and to highlight the importance of regular exercise. We then showcased the routine to parents before school at the end of the week. It was a great success, thoroughly enjoyed by the children, staff and parents. From here we have gone from strength to strength and have since had dance routines for our Sports Day warm ups each year. We were delighted to welcome Harry and Amy from the BBC's Look North as they passed through Oughtibridge on their Tour de Yorkshire. They joined in with our special Tour de France dance and we were on TV! Since then we have continued to dance our way through sports day warm ups, to raise money for Sport Relief, to celebrate when the Tour de France came through Oughtibridge with our Yellow Jersey Day, for Healthy Living Week, Spanish Day and as part of our special activity days: '101 Things To Do Before You Leave Primary School' and 'Around The World Day' where we danced our way around the world, visiting Greece, Ireland, Spain and Russia. Most recently our Sports Day warm up took us to Rio as part of our celebration of the forthcoming Olympic Games.

Check out our photos or click on the link below to watch a video of us in action.



Bicycle wheels for Tour de France themed warm up

